



Concerning COVID-19 and Seven Hills ASPiRE! Program Closures

April 27th, 2020

Members of the Seven Hills ASPiRE! Community:

We're writing with an important update regarding the novel coronavirus, COVID-19. Governor Baker has asked that all Massachusetts schools work remotely for the remainder of the school year, and that non-emergency childcare remain closed through the end of June. We anticipate similar guidance from the Department of Public Health for adult programs and services like those at ASPiRE!. As such **all Seven Hills ASPiRE! programs and service locations will remain closed throughout the month of May, and likely into the month of June.** We are closely monitoring the Governor's updates and will send another letter once we know more.

The ASPiRE! leadership team (Assistant Vice Presidents Maribeth Fisher and Tim Johnson, as well as Clinical Director Sam Martinez) has worked closely with our program directors and assistant program directors during day services closures. This group has worked to set up outreach, including phone, email, and video calls to all persons served. They have also set up a robust slate of activities and a schedule of both live and recorded content that is emailed out by program directors, as well as posted on our ASPiRE! Facebook group. If you are interested in joining these video activities please contact your program director and join our ASPiRE! Facebook group for regular updates. If you would prefer not to follow along on Facebook, your program director can send activities, updates, and video invitations via email.

Select examples of video activities being offered during the week of 4.27.2020:

Chair Yoga with Alissa, COTA | Music Therapist Abby Ritter live in concert | Karaoke Hour with Josh
Employment Workshop: Applications & Interviews | Basic Plant Maintenance with Katie
Short Story Hour with Jen & Alexi | Catching Up with Friends with Tracey & Patrick
Flower Painting with Home Items, with Leandra | Sensory Group with Leandra

Guidance issued by the state of Massachusetts this week requires that programs and services like ours make ongoing weekly contact with all persons served. What this means for you is that we must connect with you at least once per week to maintain your enrollment in ASPiRE! programs and services. Please help us by identifying a time each week that you can connect with one of our staff – it could be a telephone call with a program director, attending one of our many Zoom video activities, or a video call with an assistant program director. We would really appreciate your assistance in maintaining your enrollment, and want to be helpful in any way that we can be during these difficult times. Caregivers and loved ones: our staff are also able to help direct you to resources and coordinate care – just let us know how we can help.



For additional information and resources, please visit the following:

- The Seven Hills website, where regular updates will be posted: www.sevenhills.org
- Massachusetts' Department of Public Health coronavirus fact page: <https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>
- The CDC's coronavirus information page: <https://www.cdc.gov/coronavirus/2019-nCoV/summary.html>
- The Mass Options website, covering services available to seniors and those with developmental differences: www.massoptions.com or by phone at 1.844.422.6277

Best,

A handwritten signature in black ink, appearing to read "Jay Hayston", is positioned above the typed name.

Dr. Jay Hayston, LP.D, MBA

Vice President | Seven Hills ASPIRE!

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Program Location and Contact Persons

- **799 West Boylston Street Day Habilitation**
 - o Program Director Katie Kozlowski: kkozlowski@sevenhills.org and 508.796.1928
- **Adult Day Health**
 - o Program Director Kelly Clifford: kclifford@sevenhills.org and 508.983.1366
- **Devens Community Based Day and Employment Supports**
 - o Program Director Tracey Hecker: thecker@sevenhills.org and 978.391.8221
- **Devens Day Habilitation**
 - o Program Director Laura Seppa: lseppa@sevenhills.org and 978.391.8226
- **Employment Services (including independent employment supports, Pre-ETS, CIES, and SES)**
 - o Program Director Karen Chiurri: kchiurri@sevenhills.org and 508.981.0447
- **Goddard Memorial Drive Community Based Day and Employment Supports**
 - o Program Director Jen Keaney: jkeaney@sevenhills.org and 508.796.1502
- **Goddard Memorial Drive, Worcester Day Habilitation**
 - o Program Director Cathi Joseph: cjoseph@sevenhills.org and 508.796.1518
- **Milford Community Based Day and Employment Supports**
 - o Program Director Fedna Laurent: flaurent@sevenhills.org and 508.458.4500
- **Seven Hills Food Services, including Hope Avenue Kitchen and the Seven Hills Cafes**
 - o Program Director Alexi Koroskenyi: akoroskenyi@sevenhills.org and 508.826.8374