# Metro North Area Food Pantries & No-Cost Meals

# **MONDAY**

North Reading Food Pantry

9:30 AM–11 AM & 6:30 PM–8 PM (1st & 3rd Mondays)
150 Haverhill Street, North Reading, MA
(978) 276-0400
nrfoodpantry.org
North Reading residents only. Bring ID and proof of residency.

· Citizens Inn Haven from Hunger

10:30 AM–12:30 PM
71 Wallis Street, Peabody, MA
(978) 531-1530
citizensinn.org
resourcecenter@citizensinn.org
Lynnfield/Peabody residents (weekly), Salem (biweekly). Bring photo ID and proof of address.

Bread of Life – Family Care Pantry

∑ 5 PM–8 PM
 № 1691 Revere Beach Parkway, Everett, MA
 Ø breadoflifemalden.org
 No residency requirement. All are welcome.

# **TUESDAY**

• St. Raphael Parish Food Pantry

② 9 AM–12 PM
 ② 38 Boston Ave, Medford, MA
 ② saintraphaelparish.org
 ☑ Medford residents only.

Wakefield Food Pantry

9 AM–1 PM
467 Main Street, Wakefield, MA
(781) 245-2510
wakefieldfoodpantry.org
Wakefield residents or those who work, worship, or are referred by a Wakefield agency.

#### Citizens Inn Haven from Hunger

10:30 AM–12:30 PM
71 Wallis Street, Peabody, MA
(978) 531-1530
resourcecenter@citizensinn.org
citizensinn.org
Same as Monday listing.

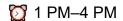
#### Pantry of Hope – Melrose First Baptist Church

3 PM–5 PM
561 Main Street, Melrose, MA
(781) 665-4470
∅ melrosefbc.org
Serves the Melrose community.

#### • Freedom Hill Community Church Food Pantry

# **WEDNESDAY**

• Bread of Life - Malden Food Pantry



7 54 Eastern Avenue, Malden, MA
 ♣ (781) 397-0404
 ♠ breadoflifemalden.org
 ➡ Serves Malden, Everett, Medford, Melrose

Serves Malden, Everett, Medford, Melrose, Saugus, Stoneham, Wakefield, Winchester, Reading, and North Reading. Proof of residency required.

## **THURSDAY**

Wakefield Food Pantry

9 AM-1 PM & 6:30 PM-7:30 PM 467 Main Street, Wakefield, MA (781) 245-2510 wakefieldfoodpantry.org Same as Tuesday listing.

• First Church Stoneham Pantry (By Appointment)

9:30 AM–12:30 PM
1 Church Street, Stoneham, MA
(781) 438-0097
firstchurchstonehampantry.org
Stoneham residents only. Registration and proof of residency required.

• Good Hope Foods – Calvary Christian Church (1st & 3rd Thursdays)

10 AM−12:30 PM
47 Grove Street, Lynnfield, MA
goodhopeinc.org
No residency requirement. All are welcome.

• Everett Mobile Market – Lafayette School

3:30 PM–5 PM
117 Edith Street, Everett, MA
(781) 397-0404
breadoflifemalden.org
Everett residents only. Must apply in advance at 54 Eastern Ave, Malden.

## • Citizens Inn Haven from Hunger

12:30 PM-2:30 PM & 6 PM-8 PM
71 Wallis Street, Peabody, MA
(978) 531-1530
resourcecenter@citizensinn.org
citizensinn.org
Same as earlier listings.

## • Community Cupboard Food Pantry – UU Medford Church

6 PM–8 PM (Enter between 5:30 PM–7:30 PM)
147 High Street, Medford, MA
uumedford.org
No residency requirement. All are welcome. Two bags of food per visit.