

Reducing the Effects of Divorce

Seminar Information

You and your child's other parent will always be connected in some way by your shared parenting concern and responsibility. Making this situation work is challenging and sometimes very difficult for parents and their children. This 5 ½ hour seminar will help you to continue parenting your children effectively and to assist them in coping with the effects of separation or divorce.

Topics that will be discussed:

- How families experience separation, divorce, and custody/visitation disputes.
- Typical reactions of children.
- Developmental needs of children.
- Strategies to help children cope.
- Common pitfalls to avoid.

“This seminar taught me to really listen to my children and better understand their fears and sadness regarding the separation. Now I feel better able to support them through this difficult situation.”

FEE: \$80.00 per person for **2 day** seminar

LOCATIONS:

**Seven Hills Family Services
Family Support Center
1460 John Fitch Highway
, Fitchburg, MA**

**Fitchburg Fire Department
33 North Street, Fitchburg, MA**

**Seventh Day Adventist Church
100 Colony Road, Gardner, MA**

TIMES:

- Weeknight sessions are from 5:45 pm. to 8:30 pm.

Please arrive 5 minutes early to check in.

Doors will be open at 5:30 pm for evening sessions .

REGISTRATION:

Enrollment is confirmed on a first come/first served basis upon receipt of payment. Registrations will not be accepted without payment. You will receive confirmation of your enrollment by mail together with workshop time and exact location.

Seminar Dates for 2011

Fitchburg

Seven Hills Family Ser
Family Support Center
1460 John Fitch Highway
Fitchburg, MA

January 24 & 25
February 21 & 22
March 28 & 29
April 25 & 26
May 23 & 24
June 27 & 28
July 25 & 26
August 29 & 30
September 26 & 27
October 24 & 25
November 28 & 29
December 12 & 13

Gardner

Seventh Day
Adventist Church
100 Colony Road
Gardner, MA

January 10 & 11
February 7 & 8
March 7 & 8
April 4 & 5
May 2 & 3
June 6 & 7
July 11 & 12
August 1 & 2
September 12 & 13
October 3 & 4
November 7 & 8
December 5 & 6



Spanish Speaking

Fitchburg Fire
Department
33 North St
Fitchburg, MA

March 21 & 22
August 22 & 23
November 14 & 15



Children's Aid & Family Service

An Affiliate of the Seven Hills Foundation

Reducing The Effects of Divorce

A Seminar for Parents

Seven Hills Behavioral Health

a program of

Seven Hills Foundation

1480 John Fitch Highway

Fitchburg, MA 01420

(978) 345-4147

Fax: (978) 345-1616

Items of Special Notice

- ◆ Classes fill up one to two months in advance.
- ◆ If you do not receive a confirmation from this agency within one week of the date you sent your registration, please call us at 345-4147.
- ◆ Failure to attend or cancel your scheduled class at least seven days in advance will result in forfeiture of your fee.
- ◆ If you miss the first day of class you will need to reschedule by contacting the office. Do not attend Day 2.
- ◆ This is a **two-day seminar**. Participants **must attend both days**.
- ◆ This is an educational seminar and is not covered by insurance.
- ◆ We cannot issue certificates of completion to participants who miss more than 60 minutes of the class.

This seminar is approved by the Chief Justice of the Probate & Family Court, Commonwealth of Massachusetts.

After attending the complete 5½ hour seminar, participants will receive a certificate of completion.

❖ NOTE ❖

The Commonwealth of Massachusetts has mandated that **SPOUSES DO NOT ATTEND THE SAME SEMINAR.**



Important - each participant must complete a separate Registration form

I would like to register for the following seminar dates: 1st choice _____ 2nd choice _____

Name: _____ Date of Birth: _____

Mailing Address: _____ Street _____ City _____ State _____ Zip _____

Phone #: _____

IMPORTANT:

Name of spouse or parenting partner: _____ Date of Birth: _____

*If partner's name is not provided, this form will be returned to you.

Registration Form

Make checks in the amount of \$80.00 (per participant) payable to: **Seven Hills Behavioral Health** Please do not send cash by mail.

Send registration and payment to: **Seven Hills Behavioral Health, 1480 John Fitch Highway, Fitchburg, MA 01420**

Payment may also be made in advance using your VISA or Mastercard in person at our office or by phone.

In accordance with the Commonwealth of Massachusetts mandate, PARTNERS WILL BE SCHEDULED FOR SEPARATE WORKSHOPS.